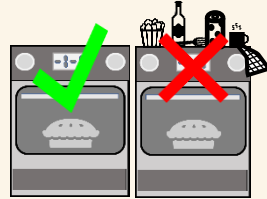


Kitchen Safety Checklist

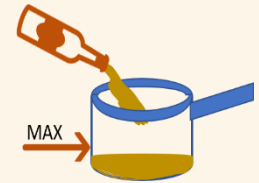
Tyne and Wear Fire
and Rescue Service
Creating the Safest Community



Keep ovens, hobs and grills free from grease, grime and clutter.



Take extra care if cooking with oil. The oil should only fill one third of the pan.



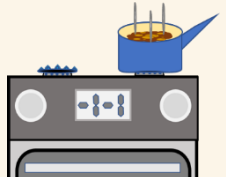
Keep toasters free from crumbs and situated away from anything which may catch fire.



Never use anything containing metal in a microwave.



Turn pan handles in away from the front of the hob when cooking.



If there is a fire
GET OUT
STAY OUT.... CALL 999



Never leave cooking unattended.



Never try and put out a fire yourself.



Keep loose clothing, scarves and long hair away from the hob and oven.



Turn off the heat if safe to do so.
Leave the house.
Close the doors behind you.

